Feng Shui

Don't Get Burned By the Fire Element This Summer

By Michele Duffy



Spring and summer backyard gatherings are timely with large dining areas like the one at this Sunjams Foundation concert in Orinda. Photo provided

Summer is just around the corner, and this is the perfect time for sprucing up your outdoor living spaces. Place cushions on furniture, switch on outdoor battery candles, landscape, paint patios or upgrade your yards, and light up outdoor kitchens, all in anticipation of more outdoor fetes and welcoming summer with open arms.

Your home is a reflection of you, so take a peek in the rooms — some inside and some outdoors — so your home's spaces are ready to go this summer.

The warmer days of summer begin soon and so will the warm fire element. We must know how to effectively control the fire element of this 2016 Fire Monkey year and avoid any burn-out from too much of a great thing.

Control the Fire Element

First, summer is ruled by the fire element and with all the additional gatherings the warmer weather suggests, you should enhance your front entrance lighting to be sure guests and family can access your home with ease.

Remember that the color red represents the fire element and so cooling it down is important. Cut back a bit of the red pillows, towels and accents in favor of cooler blues, agave green, turquoise — these will balance nicely the general living areas of your residence.

You can further balance the fire element with earth tones like yellow, orange and brown. In the Five Elements Theory fire creates earth so conversely, earth also drains fire. ... continued on page D8



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